

Chinese Cultural School-Based Learning Activities
Tai Po Methodist Kindergarten
2024-2025

Activity Name	Mid-Autumn Festival Celebration (Level: K1/K2K/3)	
Activity Objectives	Values and attitudes	Respect the Mid-Autumn Festival as a traditional Chinese holiday and cherish the moments of reunion with family.
	Skills	Know how to play with lanterns.
	Knowledge	1. The Mid-Autumn Festival is a traditional Chinese festival and one of the most important holidays for Chinese people. 2. Understanding the festive foods and celebration activities associated with the Mid-Autumn Festival.
Introduction	<ol style="list-style-type: none"> 1. Learn about the festive foods and celebration activities of the Mid-Autumn Festival through traditional stories. 2. Experience the fun of playing with lanterns in the darkness. 3. Taste and share the seasonal foods of the Mid-Autumn Festival, and feel the joy of family reunion during this time. 	



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Activity Name	The Joy of Paper Cutting- K3	
Activity Objectives	Values and attitudes	Learn to appreciate and respect the traditional Chinese art of paper cutting.
	Skills	Learn to create symmetrical paper cut works using folding and cutting techniques.
	Knowledge	Understand that Chinese paper cutting is a form of folk art.
Introduction	<p>1. Through stories, videos, images, and teacher demonstrations, children will appreciate the patterns of paper cutting and learn that people display these crafts during the Lunar New Year.</p> <p>2. Learn the process of making paper cutting crafts.</p> <p>3. After completion, the teacher will display the children's works in the school, allowing them to share their creations and cultivate an appreciation for traditional Chinese cultural arts.</p>	



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Activity Name	Children's Chinese Ink Painting- K3	
Activity Objectives	Values and attitudes	1. Experience and cultivate children's interest in Chinese ink painting. 2. Develop students' observation, creativity, and unique thinking skills..
	Skills	Initial exploration using materials and tools such as ink and brushes in painting creation.
	Knowledge	Understand the compositional characteristics of Chinese painting.
Introduction	<p>Through videos, real objects, and images, help children understand the tools for ink painting and the techniques of using brushes.</p> <p>Allow children to try painting with ink, experiencing the joy of creation.</p> <p>Learn how to express "brush and ink," helping students understand the principles of brushwork in Chinese painting.</p> <p>After creating, appreciating and displaying each other's works.</p>	



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Activity Name	Tea Tasting Activity- K3	
Activity Objectives	Values and attitudes	Learn and appreciate tea culture and etiquette.
	Skills	Use multiple senses to recognize different types of tea leaves.
	Knowledge	1. Understand the process of brewing tea leaves. 2. Gain a basic understanding of different types of tea leaves, tea aromas, and the changes in the shape and color of the leaves before and after brewing.
Introduction	<p>Through thematic teaching, a "Tea Tasting" activity was conducted to introduce young children to the culture of tea tasting.</p> <p>During the activity, children observe, smell, and taste the tea leaves, learning the brewing process and the etiquette of drinking tea.</p> <p>Children show great interest in tea tasting and enjoy the experience, sharing their thoughts on the flavors.</p>	




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Activity Name	Designing a Spring Festival Couplets Activity – K1,K2,K3	
Activity Objectives	Values and attitudes	Respect and recognize that couplets can bring blessings to others.
	Skills	Ability to write large characters and special formats for couplets.
	Knowledge	Understand that as the new year approaches, it is a Chinese tradition to post new year's wishes at home, hoping for a smooth year and safety for the family.
Introduction	<p>Use videos, real objects, and images to help children understand methods and formats for writing large characters.</p> <p>Allow children in lower and upper classes to experience the joy of writing large characters; young children can design patterns to express their wishes.</p> <p>Have children congratulate each other with couplet phrases.</p> <p>After creation, appreciate and display each other's works.</p>	



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Activity Name	Making Candied Hawthorn Activity – K1	
Activity Objectives	Value s and attitud es	Experience and cultivate children's respect and recognition for traditional snacks, enhancing their interest in handmade food.
	Skills	Children will learn the process of making candied hawthorn, including selecting fruits, skewering, and making syrup.
	Know ledge	Understand the main ingredients of candied hawthorn and its nutritional value, as well as hygiene considerations during the production process.
Introduction	<p>During Chinese Culture Week, children participated in the "Candied Hawthorn Making" activity, learning about the production process and cultural background of this traditional snack.</p> <p>In the activity, children learned the techniques for making candied hawthorn through steps, such as selecting fresh fruits, skewering, and making syrup, while also understanding basic food hygiene knowledge.</p> <p>Children were very interested in the process of making candied hawthorn and enjoyed it immensely! After the activity, they shared their homemade candied hawthorn and their tasting experiences, expressing their love and appreciation for handmade food.</p>	
		

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Activity Name	Recycling Paper Making Activity – K2	
Activity Objectives	Values and attitudes	<p>Cultivate children's respect and recognition for traditional Chinese papermaking techniques, enhancing their understanding of environmental awareness.</p> <p>Increase children's interest in handmade crafts, encouraging them to cherish resources and develop a concept of sustainability.</p>
	Skills	Children will learn the basic process of recycling paper, including selecting suitable materials, making pulp, and forming sheets, enhancing their hands-on abilities and creativity.
	Knowledge	<p>Understand the history of Chinese papermaking and its importance in cultural heritage, learning how ancient scholars used paper for writing and artistic creation.</p> <p>Learn about the main materials for recycling paper and its environmental significance, as well as hygiene and safety considerations during the production process.</p>
Introduction	<p>Children will learn about the history of Chinese papermaking and its cultural significance, discovering how ancient scholars used paper for creative endeavors, and experiencing the richness of Chinese culture.</p> <p>Children will learn basic recycling paper techniques, including selecting materials, making pulp, and forming sheets, enhancing their hands-on abilities and creativity while experiencing the transformation from raw materials to finished products.</p> <p>During the activity, children will understand the environmental significance of recycling paper, learn how to cherish resources, and enhance their awareness of environmental protection, fostering a concept of sustainable development.</p>	



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Activity Name	Indigo and Plant Dyeing Activity – K3	
Activity Objectives	Values and attitudes	Experience and cultivate children's respect and recognition for traditional crafts, enhancing their interest in environmentally friendly dyeing techniques.
	Skills	Children will learn the process of indigo dyeing and plant dyeing, including selecting dyes, soaking, and fixing colors.
	Knowledge	Understand the role of indigo dyeing and plant dyeing in traditional culture. Know the sources and characteristics of dyes, and understand safety precautions and environmental awareness during the dyeing process.
Introduction	<ol style="list-style-type: none"> Through the activity, children will learn about traditional dyeing techniques and their cultural background. During the activity, children will observe, select dyes, and soak materials to understand the processes of indigo and plant dyeing, learning the basic principles of dyeing and environmental awareness. Children are very interested in the dyeing process and enjoy it immensely! After the activity, they shared their dyed creations and insights, expressing their appreciation for traditional crafts. 	



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Activity Name	Making maltose crackers Activity – K3	
Activity Objectives	Values and attitudes	Experience and cultivate children's respect and recognition for traditional foods, enhancing their interest in handmade food.
	Skills	Children will learn the process of making maltose crackers, including mixing ingredients, kneading, and shaping.
	Knowledge	Understand the main ingredients of maltose crackers and its nutritional value, as well as hygiene considerations during the production process. Recognize the role of maltose crackers in traditional festivals.
Introduction	<ol style="list-style-type: none"> 1. To help children learn about the culture and history of traditional foods. 2. During the activity, children learned the process of making maltose crackers through observation, mixing, kneading, and other steps, while acquiring relevant hygiene knowledge and baking skills. 3. Children were very interested in the process of making malt candy and enjoyed it immensely! After the activity, they shared their experiences and tasting feelings, expressing their love for traditional delicacies. 	



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Activity Name	Celebrate Lunar New Year – K1, K2, K3, and parents	
Activity Objectives	Values and attitudes	Understand the importance of congratulating each other during the New Year.
	Skills	Create New Year couplets.
	Knowledge	Recognize traditional Chinese nostalgic foods.
Introduction	<ol style="list-style-type: none"> 1. Inviting parents and children to wear themed costumes to school for the New Year celebration. 2. The event will feature various New Year game booths, special nostalgic snacks, and couplet writing activities. 3. Allow parents and children to experience the rich New Year atmosphere and joy together! 	



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Activity Name	Family Fun Celebrating Lantern Festival- K2, K3 and parents	
Activity Objectives	Values and attitudes	<p>Experience and cultivate children's respect and recognition for traditional festive culture, enhancing their interest in the Lantern Festival.</p> <p>Promote intimacy among family members, strengthening cooperation and interaction between parents and children.</p>
	Skills	<p>Children will participate in making lanterns, learning basic crafting techniques.</p> <p>They will engage in Lantern Festival games with their parents, enhancing teamwork and communication skills.</p>
	Knowledge	<p>Understand the ways of celebrating the Lantern Festival and learn about its cultural significance.</p> <p>Recognize different types of traditional snacks.</p>
Introduction	<p>1. Deepen understanding of traditional snacks through tasting various options.</p> <p>2. Allow children of all levels and their parents to experience the festive atmosphere of the Lantern Festival together.</p> <p>3. Children will enjoy traditional festive culture through booth games and small craft activities.</p>	

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Chinese Cultural School-Based Learning Activities
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Activity Name	Parent-Child Shadow Puppet Making Activity – K2	
Activity Objectives	Values and attitudes	<p>Cultivate respect and appreciation for traditional arts among parents and children, enhancing their understanding of cultural heritage.</p> <p>Encourage creative expression, fostering self-confidence and teamwork.</p>
	Skills	<p>Learn basic crafting techniques such as cutting, drawing, and assembling, enhancing hands-on abilities.</p> <p>Develop imagination and creativity by designing and making unique shadow puppets to express personal style.</p>
	Knowledge	<p>Understand the origins, history, and significance of shadow puppetry in Chinese culture.</p> <p>Recognize the materials, production process, and performance forms of shadow puppets.</p>
Introduction	<ol style="list-style-type: none"> Children will learn about the culture and materials of shadow puppets, inviting parents and children to design unique shadow puppets at home. Children will share their crafted shadow puppets and perform, sharing their learning experiences and the joy of manipulating shadow puppets after the activity. 	

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Chinese Cultural School-Based Learning Activities
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Activity Name	Mother's Day Activity –K1,K2, K3	
Activity Objectives	Values and attitudes	<p>Cultivate children's gratitude and respect for their mothers, strengthening emotional connections within the family.</p> <p>Encourage children to express love and blessings for their mothers, fostering a spirit of filial piety.</p>
	Skills	<p>Learn basic floral art skills such as flower arrangement, pairing, and decoration, enhancing hands-on abilities.</p> <p>Develop creativity and imagination by designing and making unique floral creations to express personal feelings.</p>
	Knowledge	<p>Understand the origins and significance of Mother's Day, recognizing the roles and contributions of mothers in the family.</p> <p>Learn about the relationship between Chinese flower arranging and filial culture.</p>
Introduction	<ol style="list-style-type: none"> Children will learn about different flowers and engage in floral arrangement activities at their respective levels. Learn how to express gratitude and love to their mothers, appreciating their contributions. 	

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Chinese Cultural School-Based Learning Activities
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Activity Name	Father's Day Activity – K1,K2,K3	
Activity Objectives	Values and attitudes	<p>Cultivate children's gratitude and respect for their fathers, strengthening emotional connections within the family.</p> <p>Encourage children to express love and blessings for their fathers, fostering a spirit of filial piety.</p>
	Skills	<p>Learn basic crafting techniques such as cutting, gluing, and decorating, enhancing hands-on abilities.</p> <p>Develop creativity and imagination by designing and making unique hats to express personal style.</p>
	Knowledge	Understand the origins and significance of Father's Day, recognizing the roles of fathers in the family.
Introduction	<ol style="list-style-type: none"> Children at all levels will use various artistic techniques to design patterns on hats and present them to their dads. Learn how to express gratitude and love to their fathers, appreciating their contributions. 	

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Chinese Cultural School-Based Learning Activities
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Activity Name	Tai Chi Activity -K1	
Activity Objectives	Values and attitudes	<p>Cultivate children's respect and recognition for traditional culture, helping them understand the history and cultural significance of Tai Chi.</p> <p>Promote physical and mental health, enhancing children's interest in and habits of exercise.</p>
	Skills	<p>Understand the origins of Tai Chi and its status in Chinese culture.</p> <p>Recognize the basic principles of Tai Chi, such as "using softness to overcome hardness" and the continuity of movements.</p>
	Knowledge	<p>Understand the origins of Tai Chi and its status in Chinese culture.</p> <p>Recognize the basic principles of Tai Chi, such as "using softness to overcome hardness" and the continuity of movements.</p>
Introduction	<ol style="list-style-type: none"> 1. The activity centered around "Watching and Learning Tai Chi," inviting three Tai Chi performers to the school to demonstrate, aiming to introduce children to the basic movements and cultural background of this traditional martial art. 2. At the start of the event, children watched an impressive Tai Chi performance, gaining a visual understanding of its history and importance in Chinese culture. Following this, under the guidance of teachers and performers, children participated in learning basic movements, experiencing the softness and strength of Tai Chi. 3. Children showed great interest in these movements and shared their learning experiences after the activity, expressing admiration and love for traditional Chinese martial arts. 	



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Activity Name	Snacks Making Activity- K2	
Activity Objectives	Values and attitudes	Cultivate children's respect and appreciation for Chinese culinary culture, enhancing their sense of identity with traditional culture.
	Skills	Learn to use lightweight clay for creative projects, improving hands-on abilities and creativity. Develop observation and concentration skills, enhancing attention to detail through making snack models.
	Knowledge	Understand the Chinese culinary culture—methods for making snacks.
Introduction	<ol style="list-style-type: none"> Through stories and interaction, children will learn about different types of Chinese snacks, understand their significance in traditional festivals, and spark interest in Chinese culinary culture. Children will learn to make various snack models using lightweight clay, which not only enhances their hands-on skills and creativity but also allows them to express their imagination by creating unique pieces. During the making process, children will cultivate observation and concentration skills, paying attention to details, which will help them feel a sense of achievement and confidence upon completing their creations. Through this activity, children will experience the charm of Chinese culture and share their creations with friends, strengthening emotional connections with each other. 	




Chinese Cultural School-Based Learning Activities
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Activity Name	Chinese Cultural - Shadow Puppetry Parent-Child Theater – K1,K2,K3,parent	
Activity Objectives	Values and attitudes	<p>Experience and cultivate children's respect and recognition for Chinese culture and shadow puppetry.</p> <p>Promote communication and interaction among family members, strengthening parent-child relationships.</p>
	Skills	Children will appreciate shadow puppet performances and understand the storylines and characters.
	Knowledge	<p>Recognize the characteristics of traditional Chinese shadow puppetry.</p> <p>Understand the basic production process and performance techniques of shadow puppetry, learning about the features and significance of different characters.</p>
Introduction	<ol style="list-style-type: none"> 1. The parent-child theater "Jiajia's Panda Dream," carefully designed by shadow puppeteers and drama educators, combines shadow puppetry and drama to stimulate visual enjoyment for parents and children. It allows them to savor the charm of Chinese culture through shadow theater, encouraging further exploration of the colorful aspects of Chinese culture in daily life. 2. Theme: The plot integrates traditional Chinese culture and positive values such as courage, optimism, helping each other, and being proactive. It aims to help children recognize the diverse aspects of traditional Chinese culture, using the traditional folk performing art of shadow puppetry as a medium to instill positive values within the storyline, enriching the children's learning environment. 3. Story Summary: Jiajia is a child who loves Chinese culture, especially pandas and paper cutting. One day, he cuts out a cute panda named Huihui from colorful paper and then feels sleepy and drifts into a dream. In his dream, Jiajia enters the magical world of shadow puppetry and discovers that the panda he cut out comes to life and even speaks to him... 	



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Activity Name	Parent-Child Dragon Boat Fun Day Activity – K2, K3 and parents	
Activity Objectives	Values and attitudes	Experience and cultivate children's respect and recognition for the Dragon Boat Festival and dragon boat culture. Enhance the spirit of cooperation among family members, fostering values of teamwork.
	Skills	Children and parents will learn basic dragon boat paddling techniques, mastering the correct paddling posture and rhythm. They will collaborate with parents in dragon boat races, improving physical coordination and reaction speed.
	Knowledge	Understand the historical background of dragon boat racing and its significance during the Dragon Boat Festival. Learn about the structure of the dragon boat and the function of each part, as well as the competition rules and safety precautions.
Introduction	<ol style="list-style-type: none">1. Experience riding in a standard dragon boat carrying 22 people, connecting with the water world in a real natural environment. This activity aims to promote parent-child relationships and provide children with the opportunity to engage with one of Hong Kong's most vibrant local cultural heritages and the emerging international sport of dragon boat racing. Families can collaborate to compete for top honors, training their coordination while reigniting their interest in new experiences, all while building relationships with their parents through this unique sport.2. During the 2-hour experience, families will engage in traditional dragon boat activities, from warm-ups and land-based dragon boat practice to water safety drills and individual coaching for each child. After all families have practiced together, they will participate in a thrilling dragon boat race—exciting and fun!	
		

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Activity Name	Parent-Child Dragon Dance Team- K3 and parents	
Activity Objectives	Values and attitudes	<p>Experience and cultivate children's respect and recognition for traditional culture, enhancing their interest in dragon dancing.</p> <p>Promote cooperation and understanding among family members, strengthening parent-child relationships.</p>
	Skills	<p>Children and parents will learn basic dragon dance techniques, coordinating body movements with rhythm.</p> <p>They will collaborate to perform the dragon dance, enhancing teamwork abilities.</p>
	Knowledge	<p>Understand the cultural significance of the dragon dance and its role in festivals.</p> <p>Learn about the props needed for the dragon dance and the preparations involved, such as the creation and design of the dragon's head and body.</p>
Introduction	<p>Parents will understand the important role of the dragon dance in Chinese festivals, stimulating their interest and respect for this traditional art. Through a series of four classes, coaches will teach basic dragon dance techniques to ten parents, while children will learn some dragon dance skills as well, collaborating to perform at the graduation ceremony.</p> <p>Parents and children will not only learn about traditional culture but also participate together as a family. Throughout the process, they will experience the charm of culture and the warmth of family.</p>	



Chinese Cultural School-Based Learning Activities
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Activity Name	Little Traditional Chinese Medicine Workshop- K3	
Activity Objectives	Values and attitudes	Cultivate children's appreciation for the wisdom of Chinese medicine.
	Skills	Learn to use a traditional Chinese medicine scale and medicine cups. Learn the technique of pulse diagnosis.
	Knowledge	Gain a basic understanding of traditional Chinese medicine. Get acquainted with the four diagnostic methods: observation, listening, inquiry, and pulse-taking.
Introduction	A registered traditional Chinese medicine practitioner will visit the school to introduce the story of "Shennong Tasting a Hundred Herbs," connecting it to the introduction of "Herbal Fundamentals" and various well-known Chinese medicinal herbs. Children will engage with herbs through touch and smell, learn to take each other's pulses, use the medicine scale and cups, and practice simple massage techniques. Finally, they will try to make goji berry and chrysanthemum tea by measuring the ingredients.	

